VICTORY FROM

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VICTORY FROM YOUR INVISIBLE ENEMIES



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Sri Lanka

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PREFACE

On many occasions while praying for people, especially unbelievers, I have encountered demonic manifestations ever since I started serving God in 2014. These incidents have always marvelled me with the existence of the spirit world. Demonic manifestations are instances where one would witness the existence of the spiritual world in a powerful way.

Although the spiritual world is not visible to the naked eye, its existence is very real. A deep desire was planted in my heart by the precious Holy Spirit to see children of God living in victory by overcoming demonic oppression, and the specific instruction given by Him about the completion of this book within seven days became a reality by His grace.

The Bible warns us not to live in ignorance, which is a state of refusal to become knowledgeable. Knowing the existence of the demonic world together with the knowledge of how to resist evil spirit beings will enable a child of God to live in victory. The content of this book is also intended to bless those who do not know Jesus yet. Therefore, I pray that every reader of this book will learn the spiritual truths taught by the precious Holy Spirit and thereby grow in their individual journey of faith in the Lord.

I thank the Holy Spirit from all my heart for making His word come to pass in His way and in His time.



ACKNOWLEDGEMENTS

 $\mathbf{F}^{\mathrm{irst,\ my\ sincere\ thanks\ go\ out\ to\ my\ beautiful,\ precious}}$ in my calling today. She is a great pillar of strength in every aspect of my life.

I would also like to thank a great friend and dear brother in Christ close to my heart, Pastor Nazreen Lye from Church On The Road Ministries in Switzerland, who also released a prophetic word about this book three weeks before I commenced writing it and commending this book with his thoughts as the first foreword.

A special thanks to another dear friend and a brother in Christ Pastor Sanjay Thamba from Hope & Freedom Ministries UK, who has often sowed into our lives with much prayer over the years, whom I consider it a blessing to be kingdom partners with and who has also commended this book with his thoughts.

It is truly a honour to have a commendation of this book as another foreword by Rev Dr. Justin and Rev Dr. Jacquelin Ryan from One Voice Ministries Malaysia, yielded vessels of the Lord, who have become good friends and also kingdom partners in the recent past. A heartfelt thanks to my cousin Sachie from Melbourne, Australia for proofreading this book from word to word.

Many thanks to all our other kingdom partners and all brothers and sisters connected to L & R Ministries worldwide.

I owe it all to the great Holy Spirit, the greatest teacher of all times, who continues to teach me every day, and without whom this book would not have become a reality.



FOREWORDS



Nazreen (Najo) Lye & Carmaline Lye Church On The Road Ministries Switzerland

It is our privilege and honor to have read this great tool 'VICTORY FROM YOUR INVISIBLE ENEMIES'. It is recommended for every child of God, whether in ministry or not.

It has been a privilege to serve God together with Pastor Bimal Perera, founder of Love & Reconciliation Ministries. The experiences not only gives one insight to the spiritual world, but it reminds one of the great privileges a child of God has in the grace dispensation of the New Covenant. It sheds light on the authority and calling the Lord Jesus has entrusted us with.

Pastor Bimal leads us into a step by step walk into the arena to battle from the point of victory, as our master and Saviour disarmed principalities and powers in the dark realm of the heavenlies. As Pastor Bimal lays emphasis on the importance of having an intimate relationship with the Holy Spirit who delivers, we encourage every child of God to take up the armor of God and continue to destroy the works of the enemy in the lives of believers as well as unbelievers in a lost world.

We take this opportunity to congratulate Pastor Bimal, our friend and brother in Christ and bless his work in the kingdom of God.





Rev. Dr. Justin Ryan & Rev. Dr. Jacqueline Ryan

Founders and Senior Pastors One Voice Ministries Kuala Lumpur, Malaysia

Do you sometimes feel that the enemy taunts you in subtle ways but you just don't know how to handle it? Then this is the book for you. It is our privilege and joy to be able to contribute a foreword for this amazing book. Pastor Bimal Perera is an excellent teacher of the Word with a calling and passion to equip the church. As he functions in the ministry of a teacher, he presents scripture in a very systematic way, adaptable to practical life issues that we all face.

This book will surely give you an understanding of how the enemy works and what you should be aware of, because he works in subtle and cunning ways. With important facts, biblical references coupled with life testimonies, it is a good read for those who want to be prepared when the enemy strikes. It is only with a strong knowledge of the Word and a relationship with the Holy Spirit will we be able to know how to identify every scheme of the enemy. This book clearly outlines all that we need to know about the enemy's camp and how we are able to move forward in victory. The world today has changed so much in this past year and the types of challenges we all face today is beyond what we had ever imagined. What the enemy meant for evil, God has the power to turn it for good. As such, we feel, now is a good a time as any for the body of Christ to be well equipped. The enemy can be creative in his schemes and tactics, but we all serve a God who is powerful. Delve into this book and put on the armor of God that we may be able to withstand the flaming arrows of the enemy. Our prayer is that you will be touched and be equipped as you read this book.



Pastor Sanjay Thamba & Irene Sanjay

Hope and Freedom Ministries United Kingdom

I have been honored and privileged to serve the Lord with Pastor Bimal Perera, founder of Love and Reconciliation Ministries. Among other things, the greatest lesson I learned from Pastor Bimal is that he is ready to give up anything for the Lord, which I witnessed in a greater way. He is a man of integrity, a man who is truly led by the Spirit of the Lord.

It has been a great blessing to have read this great book "Victory From Your Invisible Enemies". This book reveals to me that it has been written under the guidance and inspiration of the Holy Spirit. I can clearly understand the insight, wisdom and knowledge that the Lord revealed through Pastor Bimal to expose the enemy's plans and strategies which will give a child of God a competitive advantage to surely triumph over it.

Since the enemy has been defeated on the cross, the greatest strategy the enemy uses to attack children of God is through deception and lies. The enemy's plan relies on the lack of knowledge of a child of God. This book clearly gives that knowledge and also explains the enemy's intentions, strategies, and nature through the wisdom of the spirit of the Lord. Therefore, a child of God can identify it's schemes and strategies, and at the same time, it gives the clear knowledge about a child of God's authority and victory which has already been given through the cross by Jesus Christ our Lord and Saviour, through which we are able to fight the battle from the point of victory by destroying the enemy's deception and lies to be victorious in every area in our lives.

We would like to take this great opportunity to congratulate and bless our brother and friend in Christ Pastor Bimal, for the great work the Lord is doing through him.



INTRODUCTION

What would you do if an evil spirit manifest when praying for an unbeliever? Will you run, or deal with the situation head on? You never know when you can be taken by surprise. Therefore, being prepared is always the key!

There have been instances where evil spirits have manifested while praying for people when I never anticipated it to happen. The content of this book is primarily biblical, and I have also mentioned my personal experiences when dealing with manifestations in line with the word of God.

Much has been said and written about healing the sick, praying in tongues and functioning in the gifts of the Holy Spirit over the years, but less prominence has been given to casting out demons, which is also a mandatory assignment in New Testament evangelism.

As much as New Testament evangelism is incomplete without preaching the gospel and healing the sick, it is also incomplete without casting out demons too. The majority of Christians think this is a ministry that is reserved only for servants of God but the commandment with power that Jesus gave is for all believers: "And these signs shall follow **THEM** that believe; In my name shall they cast out demons; they shall speak with new tongues."

Mark 16:17

This does not exclude some believers from casting out demons. It remains one of our greatest responsibilities today.

The aim of this book is to create awareness among believers and also unbelievers about the reality of the existence of evil spirit beings and their evil work which is very much in effect in the lives of unbelievers as well as believers. The Bible does not hide their existence, neither does it turn a blind eye on their evil work. Therefore, our responsibility includes growing in the knowledge of what evil spirit beings are and the ways in which they function in order to live a victorious life.

Fighting a visible enemy is easier than fighting invisible enemies. Satan and his emissaries being evil spirit beings require us to discern their presence and their evil work spiritually, and this is the main aim of this book - to give a guideline and equip believers to take a stand against their invisible enemies! The content you find in this book is biblical and I have also shared my experiences with demonic manifestations while praying for people which will further shed light on this reality which is hardly spoken about today.

I thank the Holy Spirit, the greatest teacher of all times for uncovering biblical truths about evil spirit beings and their functionality in making this book a reality.





CHAPTER ONE

Today, many Christians live powerless lives due to the lack of knowledge about how evil spirit beings' function. Inadequate knowledge about how they can overcome demonic oppression makes them even more vulnerable to the enemy. Let us examine who these invisible enemies are.

WHO ARE THESE INVISIBLE ENEMIES?

S atan managed to influence one third of the angels before he fell from the third heaven and the Bible calls him the prince of the air (Ephesians 2:2). Together with his counterparts, he is at an endless warfare with humankind today (1 Peter 5:8). He is the most active yet invisible enemy of all Christians, and being a creature of the kingdom of darkness, his existence has been much neglected by many Christians over the decades whilst some consider him to be a superstitious being. This deception has enabled him to execute countless attacks on both believers and unbelievers without being noticed.

The attacks of the enemy began in the garden of Eden with deception itself when Eve was deceived by him. When Satan deceived her saying that they will become like gods when they eat from the tree of the knowledge of good and evil, she saw the tree to be *GOOD* for food, *PLEASANT* to the eyes and a tree to be *DESIRED* to make one wise (Genesis 3:6). What a great fire can one deception of the enemy kindle? This unwise move of Eve who also convinced Adam to eat caused the greatest destruction to come upon humankind – death. Therefore, the enemy's attacks started from the very beginning itself.

We find a strong statement in the word of God as follows:

"My people perish for the lack of knowledge".

Hosea 4:6

Today, many Christians suffer from demonic oppression due to the lack of knowledge about how evil spirit beings' function. Inadequate knowledge about how they can take their stand against the attacks of the enemy make Christians even more vulnerable. Let us examine these evil spirit beings with the word of God.

The Bible teaches us about three main types of evil spirit beings:

1. Demons

"You believe that there is one God. Good! Even the **demons** believe that and shudder".

James 2:19 (NIV)

2. Evil Spirits

"And the *evil spirit* answered and said, Jesus I know, and Paul I know; but who are you?"

Acts 19:15

3. Unclean Spirits

"When the **unclean spirit** is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will return unto my house whence I came out".

Luke 11:24

The word 'demon' is derived from the Greek word 'daimon' which means *supernatural being* or *spirit*. We come across a translation error in the King James Version of the Bible where it mentions the existence of many devils. There is only one devil, Satan himself, and there are many demons, evil spirits and unclean spirits.

All these evil spirit beings work towards oppressing children of God, aiming to nullify their ministries by making them victims of their evil traps and making the power of God of little or no effect over their lives. They do not take any rest in oppressing children of God, and many Christians have become victims of their evil schemes over the past centuries.

We live in a day and age where demonic attacks are more powerful and prominent than ever. Knowing that time is against them, evil spirit beings would do anything to oppress any child of God that they can gain access to, but there is good news! There is victory in the name of Jesus Christ, the greatest deliverer, who delivered *ALL* who were oppressed by the enemy that He came across during His public ministry on earth (Acts 10:38).

Demons, evil spirits and unclean spirits are all vicious evil spirit beings who have been entrusted with the task of ruining the lives of mankind. Their viciousness varies from demon to demon as explained by Jesus in Luke 11:24, and all of them function towards fulfilling a common goal in different ways with their individual and collective deceitful works. We can categorize their main tasks as follows:

1. Have endless and continuous warfare against mankind

These invisible enemies take no rest in devising and executing their attacks on mankind, and this is why the Bible warns us to be sober and vigilant (to be sharp and observant) to identify the strategies of the enemy.

> "Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour". 1 Peter 5:8

The term 'roaring lion' tells us the desire the enemy has to oppress people.

2. Possess unbelievers

We have to make an important and a clear distinction at this point, which is, only an unbeliever can be possessed by a demon! An unbeliever who does not know Jesus is prone to be taken over by a demon as they do not have a covenant with the Lord unlike born again believers. Hence, they are more prone to undergo vigorous attacks of the enemy.

A child of God cannot be possessed by a demon because they have a covenant with the Lord and their ownership has been taken over by Him. However, they can still come under demonic oppression.

3. Oppress believers

Although Christians cannot be possessed by demons, they can still come under demonic influence through oppression of the enemy. Unlike in the past, the enemy keeps devising more cunning strategies to make children of God victims of their evil schemes. This is why a strong relationship with the Holy Spirit and knowing the enemy's strategies in order to spiritually position yourself to defend them well is important.

The good news you have as a child of God is that you can be free from *ALL* oppression you may be facing today. Acts 10:38 tells us that Jesus delivered *ALL* who were oppressed by Satan that He came across with:

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"How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good and healing **ALL** that were oppressed of the devil; for God was with him". 1 Peter 5:8

Today, there is nothing impossible for you with Him (Luke 1:37, Philippians 4:13).



Victory From Your Invisible Enemies



CHAPTER TWO

You are responsible to grow in the knowledge of God's word and thereby, grow in the knowledge of how the enemy operates. Although some Christians believe the enemy remains silent when he is left alone, this is a false belief as he keeps observing you and monitoring you well.

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IMPORTANCE OF KNOWING THE STRATEGIES OF THE ENEMY

Normal spies and even consult their prophets, like King Jehoshaphat and the King of Israel did in 1 Kings 22. Today, we have the precious Holy Spirit of God residing within us and yet, some children of God live in ignorance.

Not knowing the strategies of the enemy raises red flags on the following:

1. Readiness to spiritually battle out the attacks of the enemy

We have to be ready at any given time to discern and action our faith and wisdom against the attacks of the enemy. This is what we see in the life of Jesus.

Jesus was always ready to face demonic manifestations whenever they took place. An important lesson we can derive from the life of Jesus is that he always prepared Himself well, especially before he started His public ministry, where he Victory From Your Invisible Enemies

fasted and prayed alone for forty days and forty nights (Matthew 4, Luke 4). Whenever evil spirits manifested during the three and half years of his public ministry, he always confronted them and dealt with them (Mark 1, Mark 5, Matthew 17, Luke 11, Luke 13).

At this point, let us ask ourselves this important question. How ready are we to stand against the attacks of the enemy?

2. A weakened and vulnerable state

Living in ignorance causes a Christian to have a weakened and vulnerable state in the face of the enemy. Paul calls this the *'blindness of the heart'*.

"Having the understanding darkened, being alienated from the life of God through the ignorance that is in them, because of the blindness of their heart".

Ephesians 4:18

Ignorance depicts a lack of knowledge, and the Bible tells us not to be conformed to the passions of our former lusts:

"As obedient children, not fashioning yourselves according to the former lusts in your ignorance"

1 Peter 1:14

God never intended His children to be ignorant of the evil schemes of the enemy. This is why the word of God says that his children perish for the lack of knowledge (Hosea 4:6). Knowledge paves way for greater awareness, and awareness helps us action our faith and wisdom better.

3. No ability to help others

As Christians, God expects us to be selfless. This means we have to be willing and also be in a position to help fellow believers and unbelievers who seek deliverance from demonic oppression. Therefore, being knowledgeable about the nature of the enemy and his tactics is a must in order to help others.

The Bible provides a guideline in helping our fellow brothers and sisters in Christ who struggle in life:

"Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such as one in the spirit of meekness; considering thyself, lest thou also be tempted"

Galatians 6:1

However, we must first help ourselves before we can help others and this is why God has given us the precious Holy Spirit, the greatest helper who can help us with anything and more importantly, help us overcome deception of the enemy by leading us into all truth (John 16:13).

The aforementioned instruction mentions a vital key – *'Ye who are spiritual'.* This signifies the importance of being spiritually mature in helping others. Being spiritually mature is a strong position in which we can assist others through spiritual discernment and sound Biblical advice.



Pastor Bimal Perera



CHAPTER THREE

In this chapter, we will begin to examine some key features of evil spirit beings. All explanations are based on real accounts of demonic manifestations found in the Gospels.

THEIR FEATURES

I have to say that out of all the four gospels, I enjoy studying the real accounts of demonic manifestations mentioned especially in the Gospel of Mark as they provide greater spiritual insight about evil spirit beings and how they function. Every Gospel writer has their own unique style of presenting the life of Jesus and his public ministry on earth.

Here are some key features of evil spirit beings:

1. They have an identity

Before Jesus expelled the demon from the demon possessed man from Gadara, Jesus commanded him to reveal his identity and the demon replied by saying **'my name is Legion'**. This tells us that they have an identity. Each evil spirit has an identity and they are associated in unique ways of oppressing children of God.

For example, you get demons of hate, spirits of lust, lying spirits (1 Kings 22:22), spirits of infirmity (Luke 13:11) and deaf and dumb spirits (Mark 9:25). Each of these spirits have their own identity and they pressurize people in the areas that they are called to function in.

For example, the woman who was bound by a spirit of infirmity in Luke 13:11 was not able to lift herself up for eighteen long years! This spirit of infirmity kept suppressing her ability to physically overcome this limitation until it was confronted by Jesus.

When we know the identity of a demon, that gives us the upper hand to bring it under subjection in the name of Jesus Christ in casting them out, which we will examine in the chapters to come in detail.

2. They can speak

Another key feature of evil spirit beings is their ability to speak. The Bible shows us many examples of how demons spoke through people when they met Jesus.

The demon in the man from Gadara not only revealed its identity to Jesus but it also asked Jesus not to torment him. This demon that spoke through the person clearly shows us their ability to speak.

In the beginning, Satan spoke with Eve in the garden of Eden. He spoke with God when he stood in his presence before he started attacking Job. He also spoke with Jesus when he came to tempt him (Matthew 4, Luke 4). When the head of the demonic world can speak, his counterparts can speak too.

3. They become fearful

A key feature of evil spirit beings is that they become fearful when they come across a child of God with great power knowing their real authority in Christ. Whenever demons met Jesus, they trembled at his presence and asked him not to torment them. This also helps us uncover a greater truth which is, the fear of demons come from demons themselves! The crafty strategies he has put in place is such that the fear of evil spirit beings come from themselves. How do we know this?

Paul describes fear as a spirit that brings fear into people:

"God has not given us a **SPIRIT** of fear, but of power and of love and of a sound mind"

2 Timothy 1:7

Whenever the spirit of fear is confronted in the name of Jesus Christ of Nazareth, you will begin to sense the fearful feeling leaving. It departs as it comes from an evil spirit itself.

4. They prefer to keep their existence concealed

Satan being a spirit being from the kingdom of darkness prefers to keep his existence concealed. The more that people think he does not exist, he can execute countless attacks on them by making that deception a shield.

Mark describes a dramatic manifestation of an unclean spirit when Jesus was teaching in a synagogue in Capernaum in the first chapter. This unclean spirit could no longer hide in that person at the presence of Jesus. The anointing in Jesus caused this unclean spirit to manifest:

"And there was in their synagogue a man with an unclean spirit; and he cried out, saying, Let us alone; what have we to do with thee, thou Jesus of Nazareth? Art thou come to destroy us? I know thee who thou art, the Holy One of God"

Mark 1:23&24

It is also an eye opener, as this person who was having this unclean spirit in him was in the midst of fellow church goers who were possibly unaware of his actual inner state.

This signifies the urgent need to make the enemy's existence known and his vicious strategies to be uncovered.

5. They can travel

The Bible clearly mentions about their ability to travel from one place to another. Let us examine this with scripture.

"Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour"

1 Peter 5:8

Peter describes the ability of evil spirits to move about by saying they can 'walk about'. Let us further examine this with two more examples.

There was a day when the sons of God came to present themselves before God, and the book of Job mentions that Satan also appeared in the presence of God with the intention of attacking Job. When God asked him where he came from, this was his reply:

Then Satan answered the Lord and said, "From *going to and fro in the earth* and from *walking up and down in it*"

Job 1:7

This tells us that Satan has the entire earth in his travel plan! Even today, Satan and his counterparts have the entire earth plotted out in their plans to attack humans from all over the earth.

Jesus also described their ability to travel from one place to another as follows:

"When the unclean spirit is **gone out** of a man, he **walketh through** dry places, seeking rest; and finding none, he saith, I will **return** unto my house where I **came out** and when he cometh, he findeth it swept and garnished. Then **goeth** he and taketh to him seven other spirits more wicked than himself; and they enter in and dwell there; and the last state of that man is worse than the first"

Luke 11:24-26

Jesus described their ability to travel in several ways as highlighted in the verses above. Terms such as 'gone out', 'walks through', 'return', 'came out' and 'goes' all affirm their ability to travel.

This is why we as children of God must be full of the Holy Spirit today (Ephesians 5:18). We must carry the presence of God with us wherever we go. Just like the early church prioritized being full of the Holy Spirit, the Body of Christ today must also prioritize being full of the Holy Spirit. It is only him who comes to our aid in identifying strategies of the enemy.

6. They know the word of God

Satan knowing the word of God should not be surprising as we see him tempting Jesus with the word of God itself! For example, when he took Jesus into the holy city and set him on a pinnacle of the temple and tried compelling Jesus to jump saying it is written that God shall give his angels charge concerning him and in their hands they shall bear thee up without letting him dash his foot against a stone, Satan was quoting Psalm 91:11-12.

What should alarm a child of God today should be the different voices they listen to, because even the enemy makes false prophets preach from the Word of God itself by distorting it. This is where thorough understanding of scripture, strong discernment and an intimate relationship with the Holy Spirit becomes a must have for every child of God in order for them to listen to the clear voice of God spoken through the Holy Spirit.

7. They identify the authority a child of God has in Christ

Evil spirit beings are fully aware of the authority each child of God carries. They were fully aware of the authority Jesus had. This made them tremble whenever Jesus confronted them (Matthew 17, Mark 1, Mark 5).

Similarly, they know the individual authority you have in Christ today. Based on that knowledge, they devise strategies accordingly to victimize children of God. A good example is the seven sons of a Jew named Sceva who tried to cast out an evil spirit from a person by commanding them to come out in the name of Jesus whom Paul was preaching about. The reply given to them by the evil spirit is a clear demonstration of the understanding it had about their real authority in Christ:

And the evil spirit answered and said "Jesus I know and Paul I know; but who are you?"

Acts 19:15

Their last state was worse than the first as this evil spirit took over them:

"And the man in whom the evil spirit was leaped on them, and overcame them, and prevailed against them, so that they fled out of that house naked and wounded"

Acts 19:16

Therefore, how can you grow in authority? Your authority in Christ reflects on the revelation you have about the Son of God; thus, it signifies the importance of having a strong relationship with the Holy Spirit and being filled with revelation (Ephesians 1:17) We must all desire to learn the deep things of God (1 Corinthians 2:10) as the Spirit can reveal them to us.

Another good way you can grow in authority is by studying the real accounts of Jesus casting out demons in the Gospels. This will further help you to spiritually position yourself well to exercise your authority when casting out demons and also to overcome oppression. Pastor Bimal Perera



CHAPTER FOUR

How do evil spirit beings' function? How important is it for a child of God to know how they function? In this chapter, we examine the mains ways they function. All explanations are from the Word of God.

HOW DO THEY FUNCTION?

1. They function according to a hierarchy

A key revelation Jesus gave us was that evil spirit beings function according to a hierarchy according to their cruelty.

"When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will return unto my house where I came out and when he cometh, he findeth it swept and garnished. Then goeth he and taketh to him seven other spirits **more wicked than himself**; and they enter in and dwell there; and the last state of that man is worse than the first"

Luke 11:24-26

This evil spirit gets the help of seven other spirits who are more wicked than him to make the state of the victim worse. Therefore, it could also be that Satan assigns demons over people according to the power they have in Christ and according to the degree the anointing functions in them. The more power a child of God has, the more powerful demon/s are assigned to attack that child of God but God is able to do exceeding and abundantly above all that we ask or think, according to the power that works in us (Ephesians 3:20)

No matter how cruel they could be, Jesus has given us greater authority over them today to destroy their works whenever we encounter them (Mark 16:17)

2. Some work alone while others work together

Another functionality we can learn about evil spirit beings from the Bible is that while some work alone, there are some that work together. The example used previously reveals this (Luke 11:24-26). The unclean spirit that was first working alone in that person brought seven other spirits who were more cruel than him and they started working together. Let us examine another example.

When Jesus confronted the demon possessed man from Gadara, Jesus asked him to reveal his identity (name) to which he responded by saying:

"My name is Legion, for we are many"

Mark 5:9

This is also a clear indication that some demons work together in a group, as the unclean spirit said there were many of them in that person (thousands).

We can also learn this aspect of how they function together from Mary Magdalene. Luke records that seven demons left her when she received deliverance.

"And certain women, which had been healed of evil spirits and infirmities, Mary called Magdalene, out of whom went **seven demons**"

Luke 8:2

At times when we handle demonic manifestations, we must be discerning to know if there are multiple demons in the victim. This ability to discern mostly comes with experience and also with a strong relationship with the Holy Spirit. There could also be instances where the demon itself will reveal this.

3. They submit to the authority in Jesus Christ

Evil spirit beings are subject to submit only to the name of Jesus Christ. This is the clear guideline Jesus gave:

"in MY NAME shall they cast out demons"

Mark 16:17

It is only the name of Jesus Christ that has the greatest power over the enemy and they are bound to submit to his name.

We do not find any instances of anyone casting out evil spirits out of people in the Old Testament. It could be that this started with the ministry of Jesus so that after his ascension, we can cast out demons in his name with the power of the Holy Spirit (Acts 1:8) How privileged are we to be able to use the name of Jesus Christ today! This is what we can find in the New Testament in how the apostles cast out demons in the name of Jesus Christ.

A young girl possessed with a spirit of divination who made great profit for her masters by soothsaying received her deliverance after meeting Paul the Apostle (Acts 16:16). As she kept following Paul by saying "these men are the servants of the most high God, who shows unto us the way of salvation", at one point, Paul got grieved and commanded the spirit of divination to leave her in the name of Jesus Christ. Not only did the girl receive deliverance, but Paul was thrown into prison because her masters could no longer make money by using her in soothsaying.

4. Their main aim is to oppress believers

Demonic oppression is clearly evident in the Bible. Even today, evil spirit beings aim at oppressing believers whenever possible. Let us examine several forms of oppression we find in the Word of God.

When Jesus came down from the mountain after his transfiguration, a man came to Jesus and said that his son was being attacked by a dumb spirit (Mark 9:17) He asked Jesus' help as the disciples were not able to cast out this dumb spirit.

This is the description this father gave about the oppression his son went through: "And wheresoever he taketh him, he teareth him: and he foameth and gnasheth with his teeth, and pineth away: and I spake to thy disciples that they should cast him out; and they could not."

Mark 9:17

We find another detailed description given about the oppression the demon possessed man from Gadara had to undergo before meeting Jesus as follows:

"And always, night an<mark>d day, he was in th</mark>e mountains and in the tombs, crying and <mark>cutting him</mark>self with stones"

Mark 5:5

As much as it happened in the past, Christians go through demonic oppression today too. This calls for an urgent need for people to be educated on how they can take their stand against evil spirits based on the Word of God, which we will analyze in the chapters to come.

5. They target making unbelievers their residing places

Unbelievers are often targeted to be possessed by evil spirit beings. Dedications done to evil spirit beings are always an open door for the enemy to possess them.

The Bible gives us explanations about people who were possessed by evil spirit beings. The young girl who made money for her masters by soothsaying was possessed by a spirit of divination:

"And it came to pass, as we went to pray, a certain damsel **possessed** with a spirit of divination met us, which brought her masters much gain by soothsaying"

Acts 16:16

This sheds light on the importance of sharing the Gospel with unbelievers, because only Jesus can give them complete deliverance.

6. They misinterpret the Bible and teach false teachings

Another way evil spirit beings function today is by perverting the Word of God, misinterpreting it and teaching false and misleading teachings through their selected vessels.

"Now the spirit clearly says that in later times, some will abandon the faith and follow deceiving spirits and things taught by demons"

1 Timothy 4:1(NIV)

At a day and age like this when many demonic doctrines are prevalent, it is important to test the spirits behind people when a doctrine seems to sound un-biblical to you in order to really know if they are of God as the word of God instructs us to do:

"Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world"

1 John 4:1

The good news of the Gospel will convict a person and bring peace. God never intended His word to confuse people, and many Christians find themselves in confusion due to listening to deceiving doctrines of false teachers and prophets who come in sheep's clothing. Always remember, God will never confuse you with his word as he is not the God of confusion:

"For God is not the author of confusion, but of peace, as in all churches of the saints"

1 Corinthians 14:33

It is noteworthy that John wrote this epistle not many years after Jesus ascended to heaven as history records, and at such a time, he speaks of the many false prophets who have gone out into the world at that time itself! How much more should Christians be on their guard today from false teachings? Pastor Bimal Perera



CHAPTER FIVE

The aim of this chapter is to make you aware of different forms of demonic oppression prevalent today. This will also help you identify if you are challenged with the same forms of oppression and more importantly, help you position yourself to become victorious.

DIFFERENT FORMS OF OPPRESSION

Let us examine several forms of oppression.

1. Fear

Fear has been an effective form of oppression by the enemy right throughout. At a day and age like today, many are living under the bondage of fear over the worldwide pandemic. The word of God provides a greater insight to fear by the explanation Paul gives as follows:

"For God has not given us a spirit of fear, but of power, and of love and of a sound mind"

2 Timothy 1:7

Fear is always associated with an evil spirit; hence Paul uses the term 'spirit' to describe fear. When the spirit of fear starts attacking a person, it makes the power of God of less or no effect over a Christian's life. Power cannot flow through fear, it can only flow through faith. Fear is a form of oppression where the enemy brings a person into bondage through the spirit of fear. Let us examine another verse to understand this better:

"For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father"

Romans 8:15

As much as fear hinders the power of God flowing through a child of God, it also makes the Word of God of less effect in their lives.

When the COVID-19 outbreak took place, I was not in Sri Lanka. I had gone to Qatar for three months in January 2020 and I could not return to Sri Lanka as planned in April 2020 as the airports closed a week before. Therefore, I had to stay three more months in Qatar before I managed to return to Sri Lanka in June 2020.

During this return journey, one boy in the flight did not remove his mask thinking he will contract the virus, while everyone else, including me, removed our masks when food was served. This boy ended up being in the bed next to me in the quarantine center we were taken to in order to complete the mandatory fourteen days' quarantine regulation. He told me he did not remove his mask in the flight because he was fearful that he would contract the virus. The same night we were taken there, the army officials came to our room and took this boy to the nearest hospital saying he was tested positive in the PCR test done at the Colombo airport upon our arrival.

How did this boy get the virus? The fear he had within him became an open door for him to be targeted by the enemy. Also, I became the first person in that batch to be exposed to someone carrying the virus.

My fourteen day stay got extended to forty-four long days. Whenever a person was tested positive of the virus in the PCR tests done every twelve days, our stay got extended by another fourteen days and my only defense became the Word of God. I was exposed to seven more people who were tested positive during this time, and every day I kept rebuking any form of fear that may try to come against me and I kept holding on to the many promises God has given me about His divine protection over my life, especially in Psalm 91:

"Thou shall not be afraid for the terror by night; nor for the arrow that flieth by day; nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday. A thousand shall fall at thy side Pastor Bimal Perera

and ten thousand at thy right hand; but it shall not come near thee"

Psalm 91:5-7

Here is another example of divine protection from Psalm 91 itself:

"Because thou hast made the Lord, which is my refuge, even the most High, thy habitation; there shall no evil befall thee, neither shall any plague come nigh thy dwelling"

Psalm 91:9&10

The key is to make God our complete trust and refuge and to know the power in the name of the Lord:

"The name of the Lord is a strong tower: the righteous runneth into it and are safe"

Proverbs 18:10

They performed eight PCR tests on me and every test was negative! I thank God for the habit I have in taking my Bible wherever I travel and more importantly, I strive to develop my awareness of his presence in me wherever I go on a daily basis.

Do not become a victim of fear. Fear is not from God and there is guaranteed help for you to overcome fear with the Holy Spirit. If you think your faith has started to shake and you feel as if you are drowning, start again, and this time with the Holy Spirit! Just like Jesus pulled up Peter when he started drowning, the Holy Spirit will help you position yourself again through faith and His power today (Matthew 14)

A good lesson we can learn from Peter is that he became fearful only when he started noticing how boisterous the wind was while walking on water:

"But when he saw the wind boisterous, he was afraid; and beginning to sink, he cried saying Lord, save me"

Matthew 14:30

When we focus on external circumstances, that is when we tend to open a door for fear to attack us. As long as our focus is on Jesus, there is no place for fear in us! Just like Peter walked back to the boat with Jesus on water, restart your journey today with the Holy Spirit no matter where you may have fallen in life (Matthew 14:32) The early church did not exhibit any form of fear because they took the presence of the Holy Spirit in them seriously! Following the fresh outpouring of the Holy Spirit in Acts chapter two, they became powerful and unstoppable for the Lord. Fear had no place in them no matter what came against them. Therefore, one of the greatest ways you can overcome fear today is by having an intimate relationship with the Holy Spirit. We will discuss more about this in the chapters to come.

2. Lies

Another form of oppression Christians go through is lies. According to the description given by Jesus to the unbelieving Jews, Satan is a liar and he is the father of lies:

"Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it."

John 8:44

Listening to lies whispered by the enemy only makes a child of God deviate from the plans of God. The Bible also sheds light on the existence of lying spirits (1 Kings 22:22). These lying spirits that entered the prophets of Ahab advised him to go into battle against Jehoshaphat and King of Israel in Ramoth-gilead, and he was killed in battle.

Whenever you hear a voice condemning you and saying you are powerless, that is the voice of the enemy whispering lies. Rebuke those lies in the name of Jesus Christ in line with the Word of God to receive immediate victory. As you keep doing this continuously, it will become a powerful habit.

3. Certain sicknesses and disabilities

There are certain sicknesses and disabilities that come from demons themselves. For example, a spirit of infirmity caused a woman not to be able to lift herself up for as long as eighteen years until she met Jesus (Luke 13). Most physical disabilities have spirits of infirmities operating behind them which needs confrontation in the name of Jesus Christ.

Luke records of a person who had a 'dumb spirit' in him and when the dumb spirit was cast out by Jesus, the person started to talk and people who witnessed this marveled at the outcome:

"Jesus was driving out a demon that was mute. When the demon left, the man who had been mute spoke, and the crowd was amazed"

Luke 11:14 (NIV)

This shows the need to have discernment within us when praying for people. The Holy Spirit can lead us into all truth (John 16:13) when praying for people. Restoration becomes complete only when the evil spirits behind the particular sickness or disability is cast out in such instances.

There are also sicknesses that are fully medically related and in no way do I say that all sicknesses and diseases are related to demons. However, there are sicknesses and disabilities that are linked to demons as we see in the word of God which needs to be dealt accordingly.

Here are certain sicknesses that are associated with evil spirits that I have cast out while praying for people in the past:

- Cancer
- Arthritis
- Certain inflammations

Another type of evil spirit that hinders a person from receiving deliverance is the spirit of death.

About six years ago, I went to pray for a gentleman in his eighties together with another Pastor. This person was bedridden and was an unbeliever. His children who were born again were concerned that he might close his eyes for good without accepting Jesus as his Lord and Saviour. When we asked him if he would like to accept Jesus, his reply was a firm 'NO'.

Nevertheless, we started praying and as we continued praying, we sensed the presence of the spirit of death in that place which was hindering this person from accepting Jesus into his life. After commanding the spirit of death to leave in the name of Jesus Christ, we asked this man again if he would like to accept Jesus into his life and this time, he smiled and said 'YES'! He went to be with the Lord several months later and I am glad we led him to the Lord before.

4. Deception

Another dangerous trap of the enemy is deception. Satan being the deceiver prefers when people are deceived, and deception has been a key strategy of him from day one.

The Bible sheds light on evil spirits that function with the specific target of deceiving people.

"Now the spirit clearly says that in later times, some will abandon the faith and follow **deceiving spirits** and things taught by demons"

1 Timothy 4:1(NIV)

Deception is so strong that it can make a child of God move away from sound doctrines and start following perverted teachings of demons. Therefore, how can a Christian overcome deception? It is only through wisdom and by having a strong relationship with the Holy Spirit.

The opposite of deception is truth and only the Spirit of truth, who is the Holy Spirit can lead a child of God to all truth:

"Howbeit when he, the Spirit of truth is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will show you things to come"

John 16:13

I have also seen how deceiving spirits make people believe they were born homosexual. Several months ago, I was contacted by a friend living in a western country who believed he was homosexual from birth. He was from a different faith but reached out to me since he was having sleepless nights with tormenting thoughts of fear about the world-wide pandemic.

After explaining about Jesus to him, he asked me to pray for him and during my prayer, I was led to command a spirit of deception to leave him. After finishing praying, he told me he felt something leaving his body when I commanded the spirit of deception to leave.

Three days later, he spoke to me again and I was surprised to hear him tell me that he was no longer attracted to men and he is now on the road to recovery. This is the power of God and it is only the Holy Spirit who can guide a person into all truth.

5. Temptation

Satan is also called the tempter. He tried tempting Jesus and together with his counterparts, he does not rest today in tempting children of God as well as unbelievers.

"For this cause, when I could no longer forbear, I sent to know your faith, lest by some means the **tempter** have tempted you and our labor be in vain".

1 Thessalonians 3:5

Evil spirit beings lure people into temptation in different forms. Temptation could be in the form of greed, of a sexual nature or in other ways. It always leaves a person with great destruction.

A misunderstanding that needs to be ironed out is the belief that God tempts His children. Whenever tempted, we can never say we are tempted by God!

"Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither does he tempt any man"

James 1:13

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James also elaborates on how a person gets tempted in the fourteenth verse, as follows:

"But every man is tempted, when he is drawn away of his own lust, and enticed"

James 1:14

This tells us that it is us who need to control our inner being when tempted. We serve such a good God who will not allow us to be tempted beyond what we are able to as he knows our ability. The merciful and loving nature of God is that with the temptation itself, he will make a way for us to escape that temptation. God will make a way, when there seems to be no way:

"There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that you are able; but will with the temptation also make a way to escape, that you may be able to bear it"

1 Corinthians 10:13

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CHAPTER SIX

It is only with Jesus we begin to see a real ministry in casting out demons. There is no one ever recorded before Jesus who cast out demons in the Old Testament. Therefore, it is important to closely pay attention to the public ministry of Jesus as there are rich truths and insights that we can learn from him.

THE MINISTRY OF JESUS

The Gospel of Mark begins by Jesus casting out an unclean spirit while teaching in a synagogue at Capernaum:

"And there was in their synagogue a man with an unclean spirit; and he cried out.."

Mark 1:23

This manifestation captured the attention of everyone present at that moment and when Jesus cast this unclean spirit out of this person, they marveled even more!

The Gospels record many real incidents where evil spirit beings manifested when they met Jesus and let us examine key truths we can learn from him.

1. Jesus never denied the existence of evil spirit beings

Christians who think evil spirit beings are superstitious have a good takeaway from the life of Jesus. He never denied the existence of demons and their evil work! As a matter of fact, Jesus described how they even function (Luke 11:24). Therefore, any Christian who says they believe in Jesus must believe everything he said and did, including the existence of demons and their evil work.

Not only did Jesus confront demons, but he also educated his disciples about them and gave them complete power and authority over them in the beginning and also after his resurrection.

In the beginning:

"Then he called his twelve disciples together, and gave them power and authority over **ALL** demons and to cure diseases"

Luke 9:1

After his resurrection:

"And he said unto them, go ye into all the world, and preach the gospel to every creature. He that believeth and is baptized shall be saved; but he that believeth not shall be damned. And these signs shall follow them that believe; **In my name shall they cast out demons**; they shall speak with new tongues"

Mark 16:15-17

Therefore, one cannot turn a blind eye to the existence of evil spirits and their evil work today. We have to be vigilant and be on our guard as the Word of God instructs us to do so (1 Peter 5:8)

2. Jesus dealt with demons whenever he encountered them

Jesus always dealt with instances where evil spirit beings manifested. This is why he also commanded us to take our stand against them and also cast them out whenever they manifest. Here are some real incidents where Jesus dealt with demonic manifestations:

• Jesus cast out an unclean spirit when it manifested while teaching in a synagogue at Capernaum (Mark 1:23-27)

- Jesus cast out a demon from the demon possessed man in Gadara (Mark 5:1-15)
- Jesus cast out a dumb spirit out of a young boy who was brought by his father to his disciples first (Mark 9:17-27, Matthew 17:14-18)
- Jesus healed a woman who had a spirit of infirmity for eighteen years and could not lift herself up (Luke 13:11-13)

Jesus never postponed casting out demons. Whenever they manifested, he dealt with them with utmost importance. It seems like casting out demons was in the main agenda of Jesus in his public ministry. So should it be in ours!

3. Demonic manifestations were never a disturbance to Jesus

In none of the real accounts where we find demons manifesting in the gospels do we find Jesus being disturbed by demonic manifestations. No evil spirit managed to disturb his peace. Every time a demon manifested, we can notice how Jesus became authoritative over them and demonstrated his power. Sadly, there are servants of God who do not want to get involved in deliverance thinking they would come under attack by the enemy. This fear the enemy has instilled in them makes the power of God ineffective. Proper knowledge followed with a good understanding of how Jesus dealt with evil spirit beings combined with a good awareness of your authority in Christ will always help any believer to take a firm stand against any evil spirit being.

Do not let the enemy whisper lies through the back door of your mind. God called you to be a powerful child of God, not a powerless one. Just like the early church was unstoppable for God, we too should be unstoppable for him today!

4. Jesus never humiliated the victim

I always admire the beautiful loving nature of Jesus that none can match! It is always noteworthy to recognize his loving nature where he never humiliated any victim that was possessed or oppressed by demons.

The demons that had taken over the victim in Gadara humiliated him to an extent where not only did he spend his nights in mountains and tombs crying and cutting himself with stones, but he was also naked. "And when he went forth to land, there met him out of the city a certain man, which had demons long time, and ware **NO CLOTHES,** neither abide in any house but in the tombs"

Luke 8:27

This man was not welcome in any house, and the evil spirits in him humiliated him by not letting him to be clothed. However, this took a positive turn after he met Jesus. When people came to see what had happened after hearing how all the pigs fell into the lake, they were surprised to see this man seated next to Jesus, **CLOTHED** and in his right mind:

"Then they went out to see what was done; and came to Jesus, and found the man, out of whom the demons were departed, sitting at the feet of Jesus, **clothed,** and in his right mind: and they were afraid"

Luke 8:35

Yet today, there are many Pastors who make a mockery out of demonic manifestations by filming the victims and exposing them for the world to see. We have to take into account the embarrassment a person may feel after seeing such things following their deliverance. There have been people who never returned to church after receiving their deliverance because they were filmed and exposed.

Therefore, always be mindful not to put the victim to shame. The demons do enough damage to them and we are called to help them recover, not to cause even more damage!

5. Jesus always demonstrated His authority against demons

When we read the real accounts of Jesus dealing with demons, he never exhibited fear towards them mainly because he was the Son of God and demons were subject to him and also, he led by example. Nowhere in the Gospels do we find Jesus endorsing fear and this is a great example for all Christians today not to become fearful to stand against the enemy.

In fact, demons trembled at the presence of Jesus whenever he confronted them (Mark 1, Mark 5, Mark 9). Today, we can bring them under subjection in the name of Jesus Christ of Nazareth.

God never intended his children to live in fear. We are called to function in power, love and with a sound mind (2 Timothy 1:7). If you find it challenging to battle fear, the Holy Spirit is your greatest helper today and he can deliver you from **all fear:**

"I sought the Lord, and he answered me; *he delivered me from all my fears*"

Psalm 34: 4 (NASB)

6. Jesus often combined healing the sick and casting out demons

Jesus combined healing the sick and casting out demons in the Gospels in several instances. Let us go through them carefully:

"Then he called his twelve disciples together, and gave them *power and authority over all demons and to cure diseases*"

Luke 9:1

"When the even was come, they brought unto him many that were possessed with demons: **and he cast out the spirits with his word, and healed ALL that were sick**"

Matthew 8:16

A real account in the gospel of Luke also shows us how a person who was unable to speak started speaking after a dumb spirit was cast out of him by Jesus:

"And he was casting out a demon and it was dumb. And it came to pass, **when the demon was gone out, the dumb spoke;** and the people wondered"

Luke 11:14

Luke records another instance when demons started screaming and leaving people who were taken by different illnesses as Jesus laid hands on them as follows:

"Now when the sun was setting, all they that had any sick with diverse diseases brought them unto him; and he laid hands on **every one of them**, and healed them. And demons also came out of many, crying out, and saying, Thou art Christ the Son of God and he rebuking them suffered them not to speak: for they knew that he was Christ"

Luke 4:40&41

We must also be discerning to identify demonic influences behind sicknesses when praying for people. Certain sicknesses and disabilities are caused by evil spirit beings. Luke speaks about a woman who was bound by a spirit of infirmity for eighteen years and was not able to lift herself up until Jesus gave her victory by casting out the spirit of infirmity (Luke 13).

7. Jesus made casting out demons a mandatory assignment of New Testament evangelism

Jesus established New Testament evangelism in the pattern he himself demonstrated. Therefore, casting out demons is not an option for believers in it. He made it a mandatory part of the main commandment he gave his disciples (Mark 16:17)

Some Christians think this is a ministry that is reserved only for servants of God. While some are called specifically into the deliverance ministry, all believers have a responsibility to take their own stand against evil spirit beings and also to cast them out whenever they manifest. This cannot be done without proper knowledge and a good understanding about evil spirit beings and how they function. We will discuss more about this in the chapters to come where I present a step-by-step approach to successfully cast out demons.

8. Jesus delivered everyone oppressed by evil spirit beings who were brought to him

The public ministry of Jesus was so effective to an extent where no one oppressed by the enemy who came across Jesus was left out or neglected. Being oppressed also includes believers, therefore, as much as unbelievers received freedom from being possessed by demons, believers also received freedom from demonic oppression by the ministry of Jesus. This verse sums up the effectiveness of the public ministry of Jesus in helping those who were oppressed by the enemy:

"How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing **all that were oppressed of the devil**; for God was with him"

Acts 10:38

This verse teaches us much about the ministry of Jesus. God anointed Jesus with the Holy Spirit. First comes the person, the precious Holy Spirit and then comes power which tells us that there will be no power available for us to overcome without the Holy Spirit. Jesus made this clear before ascending to heaven after his resurrection:

"But you shall receive power, **AFTER** the Holy Ghost is come upon you: and you shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth"

Acts 1:8

Secondly, we can see how no one who came to Jesus seeking help was left out! If we also prioritize developing our relationship with the precious Holy Spirit daily, as much as he will help us, we will also be able to help those who come to us for help with the guidance and strength of the Holy Spirit. Victory From Your Invisible Enemies



CHAPTER SEVEN

Taking our stand against the enemy is a daily process. We have to keep investing in this aspect consistently to ensure that we live in victory. Let us examine several ways in which we can take a stand against evil spirit beings.

TAKING YOUR STAND AGAINST THE ENEMY

1. Guard your mind

Your mind is a battlefield of thoughts, and often the enemy will try to whisper lies through the backdoor of your mind. It is important to guard your thoughts as more often than not, you end up actioning your thoughts (Proverbs 23:7). The Bible also warns us not to be conformed to this world but to be transformed by the renewal in our minds:

"And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect will of God"

Romans 12:2

Having scriptural discipline over our minds is not an option for Christians. We must feed our minds daily with the Word of God. This renewal in the mind will cause a child of God to be seeking revelation from the Holy Spirit daily.

2. Rebuke ungodly thoughts

Another way you can overcome oppression of the enemy is by rebuking lies. This too needs to be done with scripture. The Bible says in 2 Timothy 3:16 that the Word of God is given to us for reproof, which means to rebuke. Therefore, we can use the Word of God to rebuke ungodly and misleading thoughts that the enemy may whisper.

For example, when a thought of fear comes your way, you can rebuke it by saying '*God has not given me a spirit of fear but of power*' (2 Timothy 1:7) and as you keep practicing doing this, your inner being will get used to rebuking negative thoughts with scripture as they cross your mind.

Here is another example. When a lustful thought comes your way, rebuke it with scripture by saying 'My body is the temple of the Holy Spirit (1 Corinthians 3:16 & 1 Corinthians 6:19) and my old sinful man is crucified with Jesus so that I should not serve sin' (Romans 6:6).

The Word of God is powerful as the very breath of God is in his word. Therefore, train your inner being to rebuke ungodly thoughts with scripture daily. Rebuking is powerful. Jesus rebuked the storm in the sea (Mark 4) and he rebuked the unclean spirit which manifested while he was teaching in the synagogue at Capernaum (Mark 1:25). Therefore, go ahead and rebuke what needs to be rebuked!

3. Be mindful of what you watch

Always be careful of what you watch. Your eyes are the light of your body (Luke 11:34) and you cause the precious Holy Spirit who resides in you to witness all what you look at from your eyes.

Paul gives us a warning in Ephesians 4:30 saying not to grieve the Holy Spirt. The Holy Spirit has emotions and he is sensitive and gets easily grieved. Therefore, always be determined to bless his presence in you by not grieving him with your eyes.

Furthermore, your eyes are also a doorway to your mind. For example, a person who indulge themselves in watching porn may open a door for a spirit of lust to enter and oppress him/her. That spirit of lust may begin to develop a craving in this person to keep watching pornographic acts on a regular basis; thus, making it a habit and resulting in ungodly practices such as masturbation. It is always a compelling evil spirit that causes a person to indulge themselves in unhealthy acts in the sight of God such as masturbation.

When David kept watching Bathsheba washing herself from the roof, not only did it become an attractive sight for him, but he brought her before him, and knowing she was the wife of another man, he committed a serious crime (2 Samuel 11:2-4). The story does not end there as David went on to plan on getting her husband (Uriah) killed in battle. This is the power of sight! One wrong look can lead to a series of destruction!

Therefore, always be mindful of what you watch.

4. Protect your sexual purity

Today, many families are separated because of the failure to protect their sexual purity. Guarding your sexual purity is one of the highest ways of honoring God. Satan and his counterparts are actively involved in making people, both believers and unbelievers in committing sexual immorality.

Committing sexual immorality only gives the enemy the upper hand over a person's life, enabling evil spirit beings to influence them and bring greater destruction. Addictions related to sexual immorality should first be taken before God for there is no addiction the Lord Himself cannot help you overcome. The Holy Spirit is your greatest helper today.

Seducing spirits (1 Timothy 4:1), spirits of lust and compelling spirits all work towards enticing people, both believers and unbelievers, to commit sexual immorality and there have been many casualties specially among Christians in the past. From church going believers to men and women of God who were actively serving God effectively have fallen in this trap of the enemy. Therefore, protecting your sexual purity is of utmost importance today in order to take a better stand against demonic forces.

Guarding your sexual purity includes honoring your spouse for those who are married. Your safe zone is always with your spouse. Anything beyond your spouse is always a danger zone. Therefore, be discerning to the subtle signs of attraction from people from the opposite sex you meet in life in preventing giving the enemy a stronghold over your life.

5. Believe in complete healing

This is a crucial aspect which some Christians struggle to believe. The Gospels tell us that Jesus healed everyone he came across who were taken by a sickness or a disease.

"When the even was come, they brought unto him many that were possessed with demons: and he cast out the spirits with his word, and healed **all that were sick**"

Matthew 8:16

Let us examine another example:

"Now when the sun was setting, all they that had any sick with diverse diseases brought them unto him; and he laid hands on **every one of them**, and healed them"

Luke 4:40

When Jesus healed everyone who were suffering from any sickness he came across, it is our responsibility as children of God to believe in complete healing and be it a miracle or progressive healing, complete healing manifests when you believe in your heart. Not doing so may deprive you from living in complete victory.

The woman who had the issue of blood had run out of options for her healing. As a matter of fact, the Bible tells us that she had spent all the money she had on doctors for twelve long years and her situation never improved:

"And a certain woman, who had an issue of blood twelve years, and had suffered many things of many physicians, and had spent **ALL THAT SHE HAD**, and was nothing bettered, but rather grew worse"

Mark 5:25&26

This woman made a wise decision to go after Jesus by taking a risk of being publicly stoned if she was uncovered. She found the permanent solution (complete healing) to her condition when she met Jesus.

Just like this woman believed in her heart that she will receive her breakthrough from Jesus, we too need to believe for complete healing despite the circumstances and as you read before, it is also important to discern the presence of any evil spirit beings that may have actually caused the sickness. It is only when these evil spirits are cast out from the victim that they will receive complete freedom in such cases.

6. Be quick to repent

Always be quick to repent if you make a mistake. God is the God of love for his children and his mercies are renewed every morning (Psalm 136, Lamentations 3:22&23). Do not delay your repentance which will give the upper hand to the enemy to fill you with condemnation. There is no condemnation to those who walk after the spirit:

"There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the spirit"

Romans 8:1

There is no sin God cannot forgive as Jesus Christ his Son has paid the ultimate price for all sin and He is able to wash you from your sins in His own blood:

"And from Jesus Christ, who is the faithful witness, and the first begotten of the dead, and the prince of the kings

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of the earth. Unto him that loved us, and washed us from our sins in his own blood"

Revelation 1:5

7. Declare the word of God over your life

Declaring the word of God over your life is a good reminder to you and also to the enemy about your true identity in Christ, the power of the Holy Spirit working in you and what you are capable of doing today as a child of God. Combine scripture even with your prayers. This will also tune your spirit accordingly.

Here are some examples of scripture that you can declare over your life daily:

- In all things I am more than a conqueror through him who loves me (Romans 8:37)
- I can do all things through Christ who strengthens me (Philippians 4:13)
- Nothing can separate me from God's love (Romans 8:37-39)

- Surely goodness and mercy will follow me every day of my life (Psalm 23:6)
- Lord, strengthen me with might by your spirit in my inner being (Ephesians 3:16)
- My God shall supply all my needs according to his riches in glory (Philippians 4:19)
- My old sinful man/woman is crucified with him (Romans 6:6)

Declaring the word of God over your life will cause the power of God to function in you and through you, and His word will never return unto Him void (Isaiah 55:11). Pastor Bimal Perera



CHAPTER EIGHT

One can never be sure when an evil spirit may manifest when preaching or praying for an unbeliever. Quite often, demons manifest without prior notice/warning. However, we must be spiritually equipped and ready to cast them out whenever they manifest.

A STEP-BY-STEP GUIDELINE TO CAST OUT DEMONS

The unclean spirit that manifested when Jesus was teaching in the synagogue at Capernaum manifested without prior notice (Mark 1:23). I too have had several experiences where demons have manifested while praying for people.

Several years ago, one of my friends who was a new believer introduced me to one of his friends from a different faith. One day, while having dinner with both of them, my friend suggested that I pray for his friend from the other faith who had returned from Singapore. With all the joy and willingness I have in praying for people, I started praying for his friend and not even ten seconds into my prayer, a demon manifested! This happened without any notice and I found myself in a position where I could not leave the situation unaddressed. Therefore, I took the authority in the name of Jesus Christ and started commanding the demon to leave her. After about forty-five minutes of commanding the demon to leave, it left!

This taught me an important lesson in being prepared with anticipation to deal with manifestations whenever required. All in all, it is our responsibility as children of God to be ready to deal with them at any given time.

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This step-by-step guideline in casting out demons is fully Biblical and I have also mentioned my personal experiences in handling demonic manifestations where appropriate.

Step 1 – First point of subjection

Whenever evil spirits manifest, you have the complete right and authority to ask the evil spirit to identify itself. You must also take into consideration that any commandment you give an evil spirit being should be accompanied by the name of Jesus Christ as they are only bound to respond and submit to the name of our Lord.

Jesus demonstrated this when he met the demon possessed man in Gadara:

"And he asked him, what is thy name? And he answered, saying, *my name is Legion*: for we are many".

Mark 5:9

Demons have an identity and once you know their name, you are in a stronger position to exercise your authority over them in the name of Jesus Christ. When dealing with demons, our safe zone is always following the steps of our Savior and ultimate role model Jesus. Therefore, it is advisable not to have conversations with demons beyond questioning their name. We do not find Jesus having lengthy conversations with them and therefore, our safe zone is also following the steps of Jesus.

When you come across an unknown dog, it may bark at you but once you call it by its name, it will begin to show signs of submission. Thereafter, you would never get into a conversation with the dog simply due to the fact that you do not know to bark. Similarly, you do not know the language of demons, as lies is an integral part of their language. Jesus gave Satan the title 'Father of lies' (John 8:44). Having lengthy conversations with demons can become dangerous as they can easily mislead you. As such, always remain in your safe zone when casting out demons.

Step 2 – Keep attacking the common response of demons

When you start commanding demons to leave in the name of Jesus Christ, a common response would be 'No'! Often, they would start retaliating, and your consistency in commanding them to leave in the name of Jesus Christ must be continuously maintained.

This is where your real spiritual stamina will be tested. Certain manifestations may take longer than expected, therefore, keep strengthening your inner being by feeding your spirit with the Word of God daily and fellowshipping with the Holy Spirit and sharpening your spiritual discernment.

Step 3 – Be discerning to identify any useful information evil spirits may reveal

After revealing its name to Jesus, the demon in the man from Gadara revealed useful information:

"And he asked him, what is thy name? And he answered, saying, my name is Legion: **for we are many**".

Mark 5:9

The important information this evil spirit revealed was that there were many evil spirits in this person, enough to possess two thousand pigs (Mark 5:13).

Sometimes, the demon you confront will begin to reveal useful information which will broaden your understanding.

For example, the demon may say, *'this has been my home for ten years'* which will help you realize when that person first became a victim of the evil spirit. You can use this information to keep attacking the demon to leave the person. In your response you can say, *'today is your last day being in this person and I command you to leave him/her in the name of Jesus Christ'*.

Step 4 – They might try negotiating with you

When you keep commanding demons to leave the victim in the name of Jesus Christ, their power begins to weaken and sometimes, they might try negotiating other options. This is exactly what the demons did by asking Jesus if they could possess the pigs in the vicinity in Gadara:

"And all the demons besought them saying, **send us into the swine**, that we may enter into them"

Mark 5:12

These are instances that you should handle wisely. I have experienced a similar request several years ago while commanding a demon to leave the victim. As we kept pressurizing the demon in the name of Jesus Christ, it spoke through the person who was possessed and requested permission to enter into a young boy who was in that room. We covered that boy under the blood of Jesus and forbade the demon from entering that young boy.

You should never allow demons to enter into another person if they request. Your authoritative stand against the enemy should always prevent them from making another person their victim.

Step 5 – Act immediately if the victim becomes aggressive

As a strategy to distract you, some evil spirits may cause the victim to become physically aggressive against themselves. These are instances you need to react immediately to prevent the demon from causing physical harm to the victim.

After Jesus came down from the mountain after his transfiguration, a man brought his son, who was severely oppressed by a demon, to Jesus. It tried doing much physical harm to this boy by throwing him in water and into the fire:

Victory From Your Invisible Enemies

"And when they were come to the multitude, there came to him a certain man, kneeling down to him, and saying, Lord, have mercy on my son: for he is lunatic, and sore vexed: for oftimes he falleth into the fire and oft into the water"

Matthew 17:14&15

I experienced a situation several years ago while casting out a demon from a young boy after our church service, when the demon caused this boy to strangle himself. I quickly loosened his grip with the help of two others and continued the mission. I was able to quickly call for help to pull his hands away since this happened at church. It is advisable to seek help from people close by in the event demons make the victim physically aggressive towards themselves.

Step 6 – Quote scripture as you command the demon to leave

Another good practice to follow when commanding evil spirit beings to leave is to keep quoting scripture. Demons know the Word of God and they are subject to it.

Satan quoted scripture when he came to tempt Jesus. When he said:

"If thou be the Son of God, cast thyself down: for it is written, he shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone",

he was quoting Psalm 91:11&12.

Therefore, it is evident that Satan knows the Word of God. Quoting scripture while commanding the demon to leave in the name of Jesus Christ will weaken the power of the enemy even more.

Furthermore, once the evil spirit leaves, the person might collapse to the ground. Do not get scared at such instances. This happened when Jesus commanded a deaf and dumb spirit to leave the young boy who was brought to Jesus by his father:

"When Jesus saw that the people came running together, he rebuked the foul spirit, saying unto him, thou dumb and deaf spirit, I charge thee, come out of him, and enter no more into him. And the spirit cried, and rent him sore, and came out of him: and he was as one dead; insomuch that many said, he is dead"

Mark 9:25&26

The people who witnessed this thought that the boy was dead but Jesus helped him to his feet:

"But Jesus took him by the hand, and lifted him up; and he arose"

Mark 9:27

Whenever a person collapses after the evil spirit leaves, do not panic. You can let the person rest in that position for a little while and then help them get up. Often, they will get up themselves.

Step 7 – Introduce Jesus to them

Once the demon leaves the person and they recover, introduce Jesus to them by leading them in the salvation prayer (Romans 10:9). Without having a covenant with the Lord, they would still be prone to a return attack by the enemy as Jesus explained in Luke 11:24. The evil spirit that leaves the victim can return with more vicious evil spirits for its aid and therefore, it is a wise act to introduce them to Jesus quickly.

There is no greater blessing a person can receive on earth than salvation as Jesus is the only way, the truth and life:

"Jesus saith unto him, **I am the way, the truth and the life:** no man cometh unto the Father, but by me "

John 14:6

Here is an example of the salvation prayer you could get them to pray with you:

Dear Lord Jesus, I invite you to become the Lord over my life. I dedicate my entire being to you today and I believe in my heart that you died and rose again from the dead. I repent of my sins and I renounce all ungodly dedications I may have previously made. Forgive my sins and wash me in your precious blood. I am your child from today, in Jesus' name, Amen.

Become powerful and help others also to live a powerful life in Christ. God Bless You!

Victory From Your Invisible Enemies



Pastor Bimal leads us into a step by step walk into the arena to battle from the point of victory, as our Master and Saviour disarmed principalities and powers in the dark realm of the heavenlies.

> Nazreen (Najo) & Carmaline Lye Church On The Road Ministries Switzerland

This book will surely give you an understanding of how the enemy works and what you should be aware of, because he works in subtle and cunning ways. With important facts, biblical references coupled with life testimonies, it is a good read for those who want to be prepared when the enemy strikes.

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